



Questions about Sports?

Douglas County School District requires that every student athlete complete and return the following before he or she can practice or compete in a sport:

- An Interscholastic Participant form (Green) **signed by a physician**, a parent and/or guardian, and by the student. This form is valid for 365 days from the date the physical was completed.
- An Emergency Information card (Blue) must be **completely** filled out and signed by a parent or guardian for **each** sport in which the student signs up to participate.
- A Respect Pledge Code of Conduct sheet (Purple) must be read and signed by both the student and the parent or guardian and turned in with all other athletic paperwork. It is necessary to complete this form **one time** for the entire school year.
- A check for **\$50.00** (not to exceed \$125.00 per student per school year), made out to Sierra Middle School, must be turned in along with all other athletic paperwork at the time the student signs up for their first sport. (No temporary checks accepted.)
- **No refunds** will be given after the 5th day (the first week) of scheduled practice.
- The **fee** for sports is as follows:
 - \$50.00 for the first (1st) sport
 - \$50.00 for the second (2nd) sport
 - \$25.00 for the third (3rd) sport
 - Fee waived for the fourth (4th) sport in an academic year

Additional Helpful Information:

- Athletic Secretary will only accept **complete packets**. Incomplete packets will not be accepted; please plan ahead to have all of your paperwork in order.
- Students are expected to be in school in order to participate in a practice or competition. If a student is absent during the morning, he or she must be in school a minimum of four (4) hours before practicing or competing.

Practice and Games:

- Practices run every day Monday-Friday from 2:50 - 4:45 unless notified otherwise.
- There will be no practices or competitions on non-school days (holidays, professional development days.)
- Activity buses run Monday - Thursday, and depart at 5:00 pm.
- Students will need their own transportation on Fridays. On days when they have away games, students will be brought back to Sierra. Parents may pick them up at Sierra or sign them out with the coach at the competition site.
- Registration information will be available through the daily morning announcements. Athletic packets, additional forms & emergency cards are all available in the Main Office.

Parent Meeting:

- There will be a parent meeting on the first Wednesday of the week in which a sport season begins. The meeting will be held in the Sierra Cafeteria at 5:00 pm.