

**Sagewood Middle School
Ski and Snowboard Club
Since 1984**

Sponsors: Graig MacHendrie and Lilyann Lambert

Phone: 303-387-4300

Trip days: [303-241-6713](tel:303-241-6713) (cell phone – emergency only)

All Sagewood students are encouraged to participate in this year's Ski & Snowboard Club. The club offers supervised bus transportation to and from the ski areas on a chartered bus with restrooms & movies.

Since bus reservations and other arrangements must be made before the ski season starts, we require students to sign up early. The ski resorts require the club to give accurate numbers of skiers and boarders 2 weeks in advance of the trip. Therefore, the registration and payment due date is final and without exception. A \$10.00 NON-REFUNDABLE fee per trip will be charged for cancellation for any reason. The balance is due on or before the date stated for each trip.

Skiers and boarders are responsible for having their own accident insurance. The school district and its employees are not responsible for accidents or injuries. Skiers and boarders participate at their own risk.

Since this is a school sponsored, District approved activity, all school rules and policies apply.

TRIP DATES

Trip Date	Ski Area	Payment Due on or Before
Saturday, December 13	Breckenridge	Tuesday, November 25 \$64.00 / \$37 Bus Only
Saturday, January 17	Keystone	Friday, January 9 \$69.00 / \$42 Bus Only
Saturday, February 21	A-Basin	Friday, February 6 \$67.00 / \$42 Bus Only
Saturday, March 14	Copper Mtn.	Friday, February 20 Price to be determined

FORMS TO BE COMPLETED

Before reservations can be accepted, the skier must turn in:

1. Student and Parent/Guardian Assumption of Risk and Participation Form
2. DCSD Consent for Activity permission form
3. DCSD Club Health & Emergency Medical Release Form
4. Release of Liability form for Winter Park/Copper Mountain OR whichever ski area you are going to
5. Reservation Form (**one form with each trip**), which includes the Ski Bus movie permission

Please return the attached forms when making your reservations and make checks payable to SGMS. If you have any questions or concerns, please call the school at 303-387-4300 and ask for Graig MacHendrie or Lilyann Lambert (sponsors).

***Items 1, 2, and 3 only need to be completed once if you are doing all trips**

PACKAGE PRICE

Package includes lift ticket and bus transportation. Ski and snowboard rentals are extra. Please reserve and rent your own equipment locally. If you have a season pass to any of these resorts and need transportation only, that cost is \$37.00.

COST FOR FIRST TRIP, December 13, 2007 TO BRECKENRIDGE** \$64.00/STUDENT OR \$37.00 BUS ONLY.**

COST FOR SECOND TRIP, JANUARY 17, 2008 TO KEYSTONE*** \$69.00 / \$42 BUS ONLY.**

COST FOR THIRD TRIP, FEBRUARY 21, 2008 TO A-BASIN***\$67.00 / \$42 BUS ONLY**

COST FOR FOURTH TRIP, MARCH 14, 2008 TO COPPER MTN.**TBD**

RESERVATIONS and PAYMENTS

Please turn in payment/reservation and forms to the Bookkeeping Office at Sagewood. Make checks payable to SGMS, and include the date of the trip on the memo line.

The first 50 reservations for each trip will be guaranteed a seat on the bus. All reservations beyond 50 will be placed on a waiting list. Sign up early to reserve a seat on the bus.

FULL PAYMENT IS DUE ON OR BEFORE THE DATE POSTED FOR THE TRIP TO RESERVE A SEAT!!!! PRICES FOR TRIPS WILL BE DETERMINED AND POSTED AS WE GET THEM.

REFUND POLICY

A \$10.00 NON-REFUNDABLE fee per trip will be charged for cancellation, for any reason. If a skier misses the bus or chooses not to go, the skier forfeits the **entire amount** of the trip. If a skier becomes ill the morning of the trip or has been absent from school because of illness he/she may get a refund of his money **less the \$10.00 seat charge**.

DEPARTURE/RETURN TIMES

The buses load at 5:45 a.m. in the parking lot at SGMS, so your student should be dropped off before 5:45.

Buses leave SGMS at 6:00 a.m. If a skier misses the bus, he/she forfeits the money invested in that trip.

At the end of the day, skiers are to load the bus by 3:00 p.m. If you are late 10 minutes or more, you will receive a warning. The second late arrival of 10 minutes or more will result in loss of membership. **Bus departs the ski area at 3:15 p.m. SHARP!**

Buses return to SGMS at OR BEFORE 5:30 p.m. barring any injury, traffic or weather related problems. If we are going to be late, we will try to call parents to inform everyone of anticipated arrival time at school. **Parents are responsible for picking up their child between 5:30 and 6:00 p.m. at SGMS. A late pick-up may result in losing membership to the Club.**

Parent pickup at ski areas or alternate locations will have to be requested and approved 48 hours ahead of time and according to Douglas County School District Policies. **No exceptions! Contact Lilyann or Graig at 303-387-4300.**

SKI/SNOWBOARD RENTALS

We encourage skiers to rent their equipment in the Parker/South Denver area. Renting at the ski area is costly and time consuming. Only rent at the ski area if you have signed up for a package lesson in advance.

EMERGENCIES

Emergency cell phone contact (held by one of the sponsors on the ski trip date only): **303-241-6713**

Please be aware that because of cell phone range, we may not receive your call immediately. Please leave a voice mail, as we will check it frequently.

SAGEWOOD SKI CLUB RULES

BUS RULES

1. Remain seated and facing the front at all times when the bus is moving.
2. Keep the bus clean. We will check you out at the end of the day. We will require students to clean up their area of the bus *before* being dismissed by rows.
3. No external speakers allowed on any trip! I-Pods and MP3 players are okay.

Violation of these rules will result in loss of skiing time or dismissal from the club. The first offense will be a warning. The second offense will result in dismissal from the ski club.

SKI AREAS

1. Remain on bus until tickets arrive
2. Do not stand up to put on any ski equipment until the bus has come to a complete stop in the ski area parking lot.
3. Take everything you need for the day. You will not be permitted to come back to the bus until the end of the day.
There are pay lockers in the ski lodge.
4. Pick up lift tickets as you get off the bus.
5. Always ski or board with a buddy.
6. LOAD THE BUS AT 3:15. The bus departs at 3:30 sharp!
7. EMERGENCIES
 - Have the ski sponsors paged by ski patrol or ask to leave notes on the chalkboard at the ski lifts.
 - If you are skiing with a person who gets injured, stay with them until ski patrol has them secured with necessary information.
 - If you have equipment problems, get it taken care of by a professional. DO NOT adjust your own equipment.
8. Watch your equipment! Place your skis and poles separately so they can't be stolen as a pair. Separate your skis and poles on different racks, but don't forget where you left them.

TIPS FOR SAFER HAPPIER SKIING

HELMETS: Skiers/Boarders of all ability levels should consider using a helmet.

SUN DANGERS; High altitude sunlight is strong and bright. Protect eyes with appropriate glasses or goggles and use a highly concentrated sunscreen on all exposed skin. You can easily sunburn on cloudy days, as well.

CLOUDY DAY SKIING: On cloudy days, the light is "flat" making contours in the snow harder to distinguish. Use yellow lenses for such conditions.

FROSTBITE: Beware on extremely cold and windy days. Wear appropriate gear (hat & gloves). When in doubt, ask ski patrol.

SKIER/BOARDER'S RESPONSIBILITY

There are elements of risk in skiing that common sense and personal awareness can help reduce. BE SAFETY CONSCIOUS AND READ POSTED SKI AREA RULES /REGULATIONS.

1. Ski/board under control and in such a manner that you can stop or avoid other skiers and objects.
2. You must avoid the skier below you when skiing downhill or overtaking another skier. You must not stop where you obstruct a trail or are not visible from above.
3. Yield to other skiers when entering a trail or starting downhill
4. All skiers shall wear retention straps or brakes to prevent runaway skis.
5. Stay off closed trails and posted areas and obey all posted rules.
6. Colorado State Law prohibits riding the lifts or skiing under the influence of alcohol or drugs.

**STUDENT AND PARENT/GUARDIAN SKI/SNOWBOARD CLUB ASSUMPTION OF RISK AND PARTICIPATION
AGREEMENT**

WARNING: Although participation in this sport activity may be less hazardous than any other activity that a student may engage in or out of school, BY NATURE, PARTICIPATION IN SKIING/SNOWBOARDING INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG TERM CATASTROPHIC. Although serious injuries are not common, it is impossible to eliminate this risk. Participants can, and have the responsibility to, help reduce the chance of injury. PARTICIPANTS UNDERSTAND AND, BY THEIR PARTICIPATION, AGREE TO ABIDE BY THE FOLLOWING PARTICIPATION REQUIREMENTS:

1. Participant will use equipment that is in good condition. If using his/her personal equipment bindings must be properly adjusted for the user.
2. Participant with visual impairment(s) must wear corrective, shatterproof glasses or contact lenses if the impairment affects judgment or perception.
3. Participant should be in proper condition for skiing/snowboarding.
4. Participant will inspect their equipment prior to skiing/snowboarding and not use any defective equipment until replaced or repaired.
5. Participant must promptly report all physical problems to the trip's supervising adult.
6. Participant must obey all safety rules and follow the rules established by the Ski Resort. No horseplay, roughhousing, hazing or initiations are allowed.
7. Participant will follow all directives of the trip's supervising adult/s.

By signing this Permission Form parents and students acknowledge that they have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISSION FORM.

The student and parent/guardian understand that sponsor(s) may use their own judgment in securing medical aid and ambulance service in case of an emergency or in mild injuries where parents cannot be reached. The sponsor(s) may apply first aid treatment until the family physician can be contacted.

I have read the foregoing, acknowledge the "WARNING" above, accept the risks described and agree to abide by the principles and regulations contained therein.

Signature of Student

Date

I/we have read the foregoing, acknowledge the "WARNING" above, accept the risks described and hereby give consent for the above named student to participate in this District approved, non-funded sport that is functioning as a chartered club within the Douglas County School District Re.1 and Sagewood Middle School.

Signature of Parent or Guardian

Date

INSURANCE WAIVER

I fully understand the Douglas County School District Re.1 does not provide accident, health or life insurance coverage for the above named student while he/she is participating in this District approved, non-funded sport that is functioning as a chartered club activity. I/we further understand that it is my/our responsibility to provide adequate insurance coverage to the above named student.

Signature of Parent or Guardian

Date

DOUGLAS COUNTY SCHOOL DISTRICT Re. 1
Consent for Excursion, Day Trip, Activity Trip or Extended Trip
Release and Indemnification for Parent(s)/Guardian(s) and Student

Student Name: _____

Organization: Ski Club

Sponsor: Graig MacHendrie/Lilyann Lambert

School: Sagewood M.S.

Trip: Ski Areas

From: 12/01/08 **To:** 3/30/09 (Inclusive Dates)

The student whose signature appears below desires to participate in the above Excursion, Day Trip, Activity Trip or Extended Trip ("Activity Trip"). In consideration of the Douglas County School District Re. 1 ("School District") accepting the student for an Activity Trip, the student and his/her parent or guardian acknowledge and agree as follows:

1. We acknowledge that the Activity Trip will take place away from school property; may involve transportation provided by common carriers or other non-school provided means and overnight stays in hotels, motels or other non-school facilities; and may involve activities beyond the scope of traditional school functions conducted on School District property.
2. We understand that participation in the Activity Trip is entirely voluntary. We expressly acknowledge that participation potentially involves risks and obligations that are impossible to predict but which are beyond the scope of those normally associated with traditional school functions conducted on School District property. These may include, but are not limited to, the risk of loss or damage to personal property, the risk of sickness, personal injury or death, and the obligation for payment of fees and costs associated with the Activity Trip.
3. We exempt and release the School District, its directors, employees and agents (hereinafter collectively referred to as "School District") from any and all liability, claims, demands or causes of action whatsoever arising out of any damage, loss, injury or death (collectively, "injuries"), to the participating student of his/her personal property while the student is participating in any aspect of the Activity Trip, irrespective of the cause of injuries. We expressly understand that all such potential injuries are not known and cannot be determined as of the date of this Agreement, but it is our express intent that this Release apply to any and all such unknown injuries.
4. We agree to pay all applicable costs, expenses and fees arising out of participation in the Activity Trip, and further agree to indemnify and hold the School District harmless against any claims for such costs, expenses and fees.
5. During the Activity Trip, the School District and its representatives shall have full authority to take whatever action deemed necessary to safeguard the health, safety and well-being of the participants, which expressly includes, but is not limited to, authorization to secure medical treatment for the participating student, or, in the discretion of the School District, to return the participating student to his/her home.
6. The student's participation in the Activity Trip may be terminated for the student's failure to abide by the School District's rules and regulations, for failure of the student to abide by the instructions of his/her teacher guide during the trip, or for failure to make timely payments of all fees and expenses. If the termination occurs during the trip we agree to bear all costs of the student's return home, including a collect call notifying us of termination of participation.
7. The School District also reserves the right to cancel the proposed Activity trip due to insufficient participation or to other circumstances beyond its control. In case of cancellation, all moneys may be refunded, with the exception of application fees, as specified by the sponsoring agency.
8. Any earnest money deposit does not imply, in any manner, acceptance of a student to the Activity Trip.
9. We, as the responsible parent(s)/guardian(s), agree to inform the sponsoring teacher of any history of mental/physical/emotional problems of the student that might affect his/her general welfare and/or that of the group prior to the stated date of acceptance or denial to participate in the Activity Trip.

Insurance

I understand that the School District does not purchase, or have, any medical/dental/hospitalization insurance to cover injuries to or loss of life of students, or to indemnify parents/guardians for expenses in connection therewith and that such insurance, if desired, must be purchased by the parent or guardian.

Name of Family Medical Accident Insurance _____ **Policy Number** _____

We have thoroughly read and understand the statements and conditions stated herein and agree to the terms of this Consent, Release and Agreement, as noted by my/our signature(s), as follows:

Parent/Guardian

Student

Date

DOUGLAS COUNTY SCHOOL DISTRICT CLUB HEALTH FORM

Student's Name _____ Date of Birth _____
Parents/Guardians _____ Home Phone _____
Father's Work _____ Mother's Work _____
Father's Cell Phone _____ Mother's Cell Phone _____

Emergency Contact Name _____ Phone _____
Doctor _____ Phone _____

The health information and medication information will be shared with school personnel and sponsor of the club as necessary to provide for your child's safety and well being.

Health Information

Does your child have: (circle & specify all that apply)

Allergies? NO YES If yes, please specify: Bee/Wasp Stings Peanuts/Nuts Other _____
Asthma? NO YES If yes, please specify: Inhaler Nebulizer Other _____

Convulsions/Seizures?

NO YES If yes, please specify type: _____

Diabetes? NO YES If yes, please specify: Insulin Monitored Glucose Levels

Dietary Modifications: food allergies or intolerance (including milk)?

NO YES If yes, please specify type: _____

Heart Problems?

NO YES If yes, please specify type: _____

Other? NO YES

Physical Limitations?

NO YES If yes, please specify type: _____ Special Equipment _____

Medications?

NO YES If yes, please specify type: _____

*****Please note: ALL medications for club activities must comply with district medication policy. See overnight field trip medication information sheet for specifics. If your child has a condition that requires significant modifications during this activity, please contact your school nurse through your school's main office.

The School District does not have any medical/dental/hospitalization insurance which covers students for injuries incurred at school or while on club sponsored trips. If you have not already done so, you should obtain medical insurance coverage for your student. We do have insurance coverage related to the transportation of students, so long as they are passengers in District vehicles or in specially authorized private vehicles.

Insurance Company covering your student: _____ **Policy number:** _____

MEDICAL EMERGENCY/CONSENT FOR FIELD TRIP

I, _____, being the parent or legal guardian of _____

give my consent for emergency medical and surgical treatment in a licensed medical facility by a licensed physician should my student's condition require it in my absence. I understand that in such a case, reasonable attempts would first be made to contact me, conditions and time permitting.

I confirm to the Douglas County School District Re. 1 that my student is in good health and that his/her participation does not pose a hazard to his/her health or that of participating students.

As long as the medical or surgical treatment considered necessary in the situation is in accordance with generally accepted standards of medical practice for the particular type of injury or illness involved, I impose no specific prohibitions regarding treatment unless stated here:

Parent/Guardian Signature

Date

SAGEWOOD MIDDLE SCHOOL - SKI CLUB RESERVATION FORM (one needed for each trip)

SKIER/BOARDER LAST NAME _____ FIRST NAME _____

BIRTH DATE _____ AGE _____ GRADE/TEAM _____ SKI BOARD(circle one)

ABILITY LEVEL (SEE CHART BELOW) _____

COST For Breckenridge, December, 13, 2008 is \$64.00 or \$37.00 for bus only (*FOR SEASON PASS HOLDERS*) Make checks payable to Sagewood. Include the trip date on the memo line of your check.

Trip Date	Ski Area	Payment Due on or Before	Total Amount Due	Payment Type (Cash or Check#)
Saturday December 13	Breckenridge	Tuesday, November 25	\$64.00 (\$37 bus only)	
Saturday January 17	Keystone	Friday, January 9	\$69 (\$42 bus only)	
Saturday February 21	A-Basin	Friday, February 6	\$67 (\$42 bus only)	
Saturday March 14	Copper Mtn.	Wednesday, February 20	TBD	

I understand: (1) The full amount is due by the POSTED DUE DATE before the trip. (2) That \$10.00 per trip fees are non-refundable. (3) The bus departs at 6:00 AM on the day of the trip. (4) I am to provide transportation home from the school at 5:30-6:00 PM. (5) Movies rated G, or PG may be shown on the buses for entertainment. I have read the above, understand and agree with the Ski Club rules and give permission for my student to watch the movies shown on the bus.

Parent Name _____ Home Phone _____
Please print here

Other Phone _____

Parent Signature _____ Date _____

Ski/Snowboard Ability Level-PLEASE CIRCLE YOUR LEVEL

Level	Skiing Ability	Snowboard Ability
1 Please set up a lesson Call the ski area/go to the website to set up a lesson	First time ever on skis	First time ever on snowboard
2-3	Novice: can wedge, stop and make wedge turns	Novice: skidded traverse in both directions, stops and garlands
4-5	Beginner Intermediate: Can make linked turns	Beginner Intermediate: Can make linked turns, speed control
6-7	Advanced Intermediate: Can make parallel turns, comfortable on blue trails and some black trails	Advanced Intermediate: Can make carved turns, comfortable on blue trails and some black trails
8-9	Expert: can ski moguls; comfortable on all types of terrain	Expert: can ski moguls; comfortable on all types of terrain