



# MUSTANG STAMP

## Ponderosa High School

A Douglas County School

SEPTEMBER 2009

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### YEARBOOK NOTICE:

Yearbooks were not available for purchase at registration this year. Please go to Ponderosa's website ([www.phsmustang.com](http://www.phsmustang.com)) and click on the link on the homepage or go to [www.yearbookordercenter.com](http://www.yearbookordercenter.com). If you have any questions, please email Mrs. Harrison at [anastasia.harrison@dcsdk12.org](mailto:anastasia.harrison@dcsdk12.org).

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### ACADEMIC LETTERING

If you qualify for an Academic letter, please keep the upcoming dates in mind:

- September 11-Recommendation forms from teachers due to the Main Office (Mrs. Barber) by 3:00pm.
- September 18-Letters of congratulations sent to recipients.
- October 8-RSVP's due to the Main Office (Mrs. Barber) for Mrs. Knotts.
- October 12-Ceremony at 7:00pm. Recipients arrive by 6:40pm to line up. Reception to follow.

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### HONOR ROLL

Unfortunately there were some omissions to the Honor Roll that was sent out in the August issue of the E-Stampede. Please see the corrected version attached to this issue of the Mustang Stamp. We are sorry for the oversight.

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### PTSA: HELP WANTED

PTSA is in need of a treasurer! Experience is not required for this position. Please contact Wendy Kesler, president of PTSA, at 303-840-2900 for more information.

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### STANGE SHOPPE

The Stange Shoppe is now open all day. They have new Mustang gear and school supplies!

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### Calendar

Wednesday, 9/23 Parent/Teacher Conferences, 3:30-7:00 pm

### ***Homecoming Theme: A Haunted Homecoming***

Friday, 10/2 Homecoming Assembly, TBD

Friday, 10/2 Football Game @ Burt.com Stadium, 7:00 pm

Saturday, 10/3 HOMECOMING DANCE, 8:00-11:00 pm, Commons

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## **OCTOBER 19 – 23, FALL BREAK**

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## 10th Grade Honor Roll - 3.0 to 3.49

Danielle Ashe  
Sarah Beckel  
Nicole Bidwell  
Max Body  
Jack Buck  
Madison Bunker  
Ahron Burke  
Alexandra Clawson  
David Clayton  
Tiffany Cook  
Rylie Cook  
Stephen Crane  
Austin Curtis  
Samantha Decker  
Evan Echols  
Katherine Fast  
Charles Faust  
Allison Forlenza  
David Gabrielson  
Angelena Goldwater  
Haley Green  
Michael Greene  
Zane Griffin  
Andy Hansen

Tori Hardy  
Geoffrey Harger  
Emily Headden  
Clifton Hirschfeld  
Rachel Hood  
Tylor Jakino  
Jaclyn Jensen  
Taylor Johnson  
Rhiannon Johnson  
Allison Jones  
Melissa Jones  
Kymberly Klymkow  
Cody Leming  
James Robert Line  
Abby Livingston  
Hannah Lovell  
Mikaela Mace  
Bridgette Magana  
Austin Maynard  
Steven Mitchell  
Sydney Murphy  
Nicolas Nagy  
Richard Nelson  
Katherine Nemchek

Ryan Newsom  
Austin Ogburn  
Colton Papka  
Amber Parmley  
Danielle Peets  
Hannah Raab  
Eric Reinke  
Kathryn  
Rosenberger  
Karley Schafer  
Zachary Sertic  
Nicholas Shea  
Erin Sita  
Sandra Skowronek  
Elise Smith  
Mason Smith  
Kevin Solley  
Elizabeth Sushinski  
Thomas Thornton  
Jordan Trujillo  
Kayla Vogel  
Kameron Wentworth  
Jamie Wilson

## 10th Grade Academic Honor Roll - 3.50 to 3.99

Cristina Bassani  
Shane Benjamin  
Tyler Benjamin  
Drake Biggins  
Amber Brasel  
Madison Clark  
Jared Conner  
Jessica Dack  
Sara Escandon  
Lindsey Farley  
Kristina Forystek  
Hannah Gerlach  
Zachary Goss  
Cameron GrandPre  
Kasey Griese  
Ayla Hawkins  
Megan Heffron  
Jordan Hicks  
Minatharin Hoefl  
Cassie Jarvis  
Lauren Jefferson  
Kaleb Johnson

Rachel Joseph  
Bailey Kass  
Andrianna Katsioularis  
Mackenzie Keicher  
Sean Kelliher  
Amanda Lark  
Mackenzie Lennon  
John Lewis  
Matthew Loutzenhiser  
Nicholas MacDonnell  
Jessica Margo  
Mikayla Martz  
Jordan McCarthy  
Joshua Medina  
Jamie Miner  
Mason Nelson  
Tyler Nigro  
Jessica Olsen  
Jessica Otero  
Dirk Pantone  
Kaileigh Phillips  
Katherine Piercy

Richard Plaisance  
Josiane Proulx  
Daniel Reeves  
Zachary Richards  
Britni Rockwell  
Amanda Ruckstuhl  
Rio Sarmiento  
Lydia Shaull  
Michael Sleeve  
Marie Smith  
Kathryn Sowell  
Chandra Taylor  
Regan Teagarden  
Emily Thompson  
Bonnie Tomson  
Megan Tynecki  
Anna Van Keuren  
Natalie Walter  
Jack Wheeler  
Anna Wilson

## 10th Grade Principal's Honor Roll - 4.0 and Above



Joy Alsip  
Caitlan Beaudoin  
Elizabeth Benz  
Jessica Bohacek  
Rachel Bohling  
Renea Bonnell  
Eric Brown  
Shanna Christian  
Ana Collins  
Levi Cortright  
Caleb Courkamp  
Jacob Draper  
Alea Gardner  
John Goodrich  
Morgan Guth  
April Hansen  
Weston Harper  
Jessica Higgins  
Christine Martini  
Danielle McLean  
Kayla Moden  
Andrew Niemack  
Amanda Peppers  
Lauren Riney  
Brooke Roberts  
Cassandra Santy  
Rebecca Schell  
Victoria Schlaepfer  
Julia Schneyer  
Jonathan Staheli  
Jenny Wolicki  
Zoe Yeros

## 11th Grade Honor Roll - 3.0 to 3.49

Ashleah Aaro  
Micaela Adamo  
Mason Aldrich  
Cortney Allen  
Kaileigh Alvarez  
Kevin Auer  
Laura Bassani  
Nikolai Berringer  
Andreas Berringer  
Carl Beyer  
Nicholas Boudreau  
Caitlin Breaux  
Hunter Britegam  
Skyler Bunch  
Garrett Butler  
Franklin Camp  
Nicole Carter  
Bethany Christensen  
Melissa Clem  
Caroline Crea  
Caroline Curatolo  
Rico Angelo De Vera  
Evan Decker  
Melissa Denman  
Derek Despres  
Anthony Distefano  
Chelsea Dougherty  
Nathan Ekhoﬀ  
Dustin Eldridge  
Kaelin English  
Christina Erb  
Tyler Feldhaus  
Tyler Fields  
Lindsey Flemmer  
Stephen Florian  
Alex Gerhards  
Mitchell Gibbons  
Katie Gibson  
Steven Gilbert  
Tarah Goldsmith  
Lauren Harvey  
Sierra Hastings  
Kayla Heinisch

Molly Henze  
Braden Hicks  
Bradley Hong  
Adriane Huber  
Megan Hurt  
Brandon Husted  
Julia Jacober  
Eric Jacobs  
Amber Jones  
Megan Kamper  
Brandon Kimbrel  
Jane Kluba  
Clayton Koobs  
Chase Kroll  
Kevin Kruse  
Austin Laliberte  
Jacob Lambert  
Patrick LaPorta  
Phillip Ledesma  
Alleen LeDoux  
Kellie Lovingier  
Christopher Luzum  
Ian Lyng  
Auriel Mace  
Rachel Maddox  
Tyler Madsen  
Michael Malone  
Jacob Malpocker  
Gabrielle Mann  
Shaunessy McDonnell  
Brandon Mikulka  
Catherine Montgomery  
Jessica Moore  
Ryan Moore  
Jared Morrison  
Taylor Mullane  
Matthew Murray  
Benjamin Noyes  
Connor O Dell  
Kelsey Oakman  
Travis Orwig  
Kayla Paggen  
Katrina Paule

Madison Piercy  
Jane Pittman  
Evan Polzer  
Todd Pomponio  
Alexander Porter  
Ryan Prather  
Ryann Rackley  
Jake Reo  
Skye Richards  
Ryan Roberts  
Kamen Ross  
Bridget Samuelson  
Tyler Sandt  
Alyssa Scheller  
Samuel Schmidt  
Audrey Schofield  
Paige Schutter  
Dillon Seacat  
Emilee Shearer  
Melinda Smith  
Haleigh Smith  
Becker Steinemann  
Shaye Stephon  
Christopher Sukle  
Nicole Sullivan  
Emily Therkildsen  
Elizabeth Tong  
Jessica Treffner  
Tyler Turner  
Shannen Wacker  
Katy Ward  
Emily Ward  
Brittiney Wegmann  
Cynthia Wesley  
Danielle White  
Natalie White  
McKenzi Whittington  
Kimberlyn Willingham  
Kaelah Wilson  
Hannah Woolums  
David Worley  
Laura Wright  
Amanda Zajac

# 11th Grade Academic Honor Roll - 3.50 to 3.99

Andrea Anthony  
Nathanial Ariki  
Luisa Armijo  
Darby Attard  
Sara Beliveau  
Lauren Blake  
Carly Boatwright  
Samantha Bradfield  
Mark Brantley  
Zachary Brubaker  
Trevor Cook  
Allison Czaicki  
Basia Dann  
Tyler Davin  
Megan Dougherty  
Jack Dunn  
Megan Faison  
Luke Fiegl  
Alexander Fong  
Margaret Fryke  
Austin Gabel  
Gracie Gibbs  
Leah Hale  
Connor Hartman  
Kolton Heiman  
Nathaniel Higgins  
Erika Hill  
Clarke Hill

Rachel Hogan  
Virginia Hopkins  
Sean Hoy  
Sean Huft  
Sophie Immen  
Samantha Jakino  
Eric Jimerson  
Devin Johanson  
Kayla Johnson  
Raechel Karas  
Jonathan Kazmeroff  
Joseph Kelliher  
Laura Kerkhoff  
Seung Chul Kim  
Kellie Kimber  
Andrew Kittelson  
Jillian Korach  
Lauren Kuminka  
Rachel Ladany  
Riley Lauer  
Jake Lord  
Kendra Lovingier  
Ashley Martin  
Taylor Matthews  
Jordan Maynard  
Jordann McCarty  
Christopher McLean  
Kenzie McManus

Luke McPherson  
Sofia Meglioli  
Joey Meier  
Isabel Meuli  
James Millar  
Alison Moore  
Shana Mortensen  
Colin Morton  
London Nuzman  
Kaitlin Olsen  
Caitlynn Overman  
Austin Percival  
Jordan Pieper  
Sean Powers  
Lauren Ritchie  
Adina Robinson  
Gabrielle Schwartz  
Emma Shewmaker  
Marcus Shriver  
Lauren Skinner  
Matthew Slunaker  
Shelby Steele  
Dana Swanson  
Erika Tokuyama  
Michael Warburton  
Andrew Williamson  
Aleksey Winkler  
Brooke Zeller

## 11th Grade Principal's Honor Roll - 4.0 and Above



Darian Barnett  
Laura Blome  
Emily Bol  
Madeline Brown  
Chelsey Cartwright  
Connor Coleman  
Kara English  
Rachel Gress  
Cole Harscher  
William Hayne  
Martin Heaney  
Brooke Jessen  
Denae Johnson  
Lauren Kirk  
Meredith Kittelson  
Carly Marsh  
Sarah Morgan  
William Parker

Parth Patel  
Michael Rees  
Eric Schulz  
Brooke Seichter  
Kyle Shefferly  
Angela Shimoda  
Jordan Spring  
Brooke Stephens  
Amee Tan  
Haley Timmons  
Alexis Vickery  
Hayden Wambach  
Brooke Weiss  
Jordan White  
Amy Widegren  
Nathan Willis  
Courtney Yaroch

## 12th Grade Honor Roll - 3.0 to 3.49

Christopher Allen  
Rachel Bell  
Alix Bemis  
Wendy Bowling  
Cody Brasel  
Michael Brasier  
Tyler Brice  
Jeffery Britegam  
Jason Carroll  
John Carter  
Sloan Caster  
Rachel Choquette  
Michelle Clark  
Ryan Conway  
Jessica Cordova  
Michael Courtney  
Courtney Crane  
Zachary Curtis  
Michael Cygan  
Katherine Darden  
Adam Dowell  
Carolyn Dunning  
Brittany English  
Losson Enslin  
Allison Filby  
Rachael Flower  
Grant Fogle  
Katherine Free  
Megan Garam  
Eric Garcia  
Nicole Gilbert  
Dillon Glynn  
Cara Grauer  
John Haduck  
Shelby Hall  
Shaelee Hansen  
Samantha Hansen  
Madeline Hanssler  
Jarrod Hardy  
Connor Hartling  
Kyle Hawkins

Kalista Heiden  
Ryan Hendrickson  
Evan Heshmati  
Taylor Heshmati  
Alyssa Hiler  
Connor Houghton  
Erika Jennings  
Megan Karas  
Madelynne Kasten  
Brysen Keith  
Zane Knapp  
Faith Koetter  
Curtis Kort  
Daniel Kuminka  
Calley LaFon  
Joshua Lamb  
Riley Lange  
Sasha Larson  
Meesha LeDoux  
Taylor LeEVERS  
Allison Litch  
Mollie Lowery  
Nickolas McLean  
Theodore Medina  
Kevin Miles  
Geoffrey Miller  
Jacob Miller  
Jaclyn Miller  
Kay Mochizuki  
Kendall Moore  
Gregory Moreno  
Alison Nickel  
Brooke Opalinski  
Cole Petersen  
Sean Pohl  
Michael Prather  
Hope Rain  
Zachary Ratzlaff  
Megan Ray  
Kelsi Reinke  
Vander Rice

Amanda Rose  
Michael Rowack  
Jessica Ryan  
Trent Saldivar  
Cody Samora  
Trevor Santy  
Samantha Scheiber  
Thomas Schirmer  
Ethan Schlagel  
Morgan Schnitker  
Jordyn Sibert  
Nathan Singer  
Zakery Slavik  
Zachary Smith  
Alyssa Solano  
Travis Stanforth  
Alysha Stephon  
Audrey Summers  
Matthew Suppes  
Jordan Suydam  
Melissa Teasdale  
Kara Templin  
Victoria Thayer  
Anna Thibault  
Brenda Thiel  
James To  
Colin Tomson  
Kaitlin Toney  
Nathan Trujillo  
Emily Tucker  
Daniel Valdez  
Philip Veteto  
Zachary Vinton  
Michael Walter  
Shelby Warner  
Hilary Warnock  
Benjamin Welker  
Darrell Wilkes  
Shane Willison  
Ashley Zeller

## 12th Grade Academic Honor Roll - 3.50 to 3.99

Brianna Aplin  
Melanie Augustine  
Sydney Bailey  
Abigail Bender  
Linnea Borup  
Charles Boston  
Kelsey Brum  
Jamie Byrne  
Brittany Carleton  
Caitlin Clark  
Matthew Coleman  
Elisabeta Cuc Capota  
Stephen Denton  
Emily Duff  
Chad Dugas  
Adam Erickson  
Malena Farrell  
Lauren Ferrare  
Allison Flanagan  
Chasmine Flax  
Colter Flenthrope  
Selena Giers  
Kayla Griese  
Erika Guise

Kylie Guthrie  
Taylor Hansen  
Samantha Hinesley  
Kendall Howard  
Riley Hughes  
Yasmin Jafari  
Annie Jones  
Steven Kelly  
Molly Kemble  
Alexandra Laudick  
Stacey Loutzenhiser  
Naomi Lugo  
Brittany Luster  
Megan McNish  
Kayla McShane  
Alejandra Mendez  
Kelsey Munn  
Elizabeth Murray  
Taryn Nell  
Jordan Nelson  
Michelle Nichols  
Ashlyn Norberg  
Riley Pfeiffer  
Alexandra Poster

Alexandra Ratcliff  
Madison Ronzio  
Hanna Schulz  
Kevin Seagraves  
Tyler Shea  
Rachel Simpkins  
Colin Skowronski  
Todd Sowell  
Erin Steen  
Rebecca Stewart  
Alyssa Sunoo  
Bryan Swanson  
Elizabeth Thornton  
Tyler Tolley  
Samantha Tracy  
Emily Ulmer  
James Ulmer  
Connor Van Keuren  
Mitchell Van Kooten  
Kyla Wilkinson  
Alison Williams  
Adrielle Williams  
Eric Woodruff  
Kathryn Zahorik

## 12th Grade Principal's Honor Roll - 4.0 and Above



Ian Ackerman  
Zachary Ariki  
Nicole Augustine  
Michael Barnum  
Catherine Beckel  
Sydney Bennett  
Samuel Bican  
Kristin Brogan  
Matthew Buland  
Luke Bumanglag  
Shelby Christian  
Charles Clarke  
Lindsey Clemensen  
Andrew Cook  
Lauren Coviello  
Caitlin Decker  
James DePoy  
Cristobal Dicochea  
Jannah Din  
Caroline Draper  
Peter Ducey  
Katlyn Ducote  
Olivia Duran  
Tyler Echols  
Andrew Escandon  
Alexandrea Esquibel  
Lauren Farley

Danielle Flores  
Kelly Flynn  
Samantha Gimelli  
Mariah Goody  
Paul Guerrie  
Neil Gulley  
Carly Haneke  
Christen Hansen  
Sarah Henry  
Derrick Higgins  
Tanner Hill  
Lisa Jara  
Jonathan Kain  
Erin Keogh  
Andrew Kidd  
Darren Kirk  
Tobiah Kroskob  
Jessica Kuhlman  
Sean Lacy  
Kathleen Limebrook  
Elijah Lovelace  
Kymbre Lovell  
Morgan Lowe  
Alexis Lyon  
Jessica Major  
Jacob Mason  
Emily Merrick

Alexis Mertz  
Victoria Minovich  
Jason Nell  
Chanel Odell  
Stephanie Page  
Hayley Peppers  
Kristopher Pfeiffer  
Nathan Pfeiffer  
Jennifer Picardo  
Emilie Proulx  
Lucas Quintero  
Barbara Rhodes  
Kiley Rubin  
Kimberly Schlaepfer  
Andrew Shoemaker  
Alexander Spreigl  
Brennan Staheli  
Michael Streight  
Catherine Svoboda  
Jordan Thayer  
Tyler Traver  
Anna Vinton  
Amanda Widegren  
Hannah Wiebelhaus  
Robert Williams  
Chase Wright  
Chloe Young

Dear Parents and Guardians:

Novel H1N1 influenza, previously known as “swine flu,” is a virus that was first detected in people in the United States in April 2009. The symptoms of novel H1N1 influenza are similar to the symptoms of seasonal influenza and include fever, cough, and/or sore throat. The majority of novel H1N1 influenza cases so far have occurred in people between 5 and 24 years old, and several cases have occurred in our school settings.

Influenza spreads easily. If you suspect your child is ill and/or shows any signs of influenza noted above, **keep your child home.** If your child is diagnosed with influenza they must be out for at least 24 hours after their fever is gone without fever-reducing medications. A fever is defined as 100°F or 37.8°C. Due to the fact that pre-school children are in a higher risk group, the school exclusion for them is 7 days. If we are able to keep sick children and employees at home, we can greatly reduce the spread of influenza.

It is also important to teach your children how to reduce their risk of getting influenza and protect others from infection.

- **Clean hands** frequently. Washing with hot and soapy for water for 20 seconds is ideal.
- **Use hand sanitizer** if hand washing facilities are unavailable. Gels, rubs, and hand wipes all work well, as long as they contain at least 60% alcohol.
- **Cover coughs and sneezes** with tissues or by coughing into the inside of the elbow. Cough or sneeze into your sleeve—not your hands!
- **Contact your healthcare provider** for information about the H1N1 influenza vaccine and the seasonal influenza vaccine that will be available this fall and winter.
- **Look for additional information** from the school on where your children can be vaccinated against H1N1.
- **Get your children vaccinated** with both seasonal influenza vaccine and the H1N1 influenza vaccine as soon as it becomes available.

If we all practice the above recommendations, we can limit the spread of both seasonal influenza and H1N1 influenza in schools.

**Thank you for your cooperation in keeping our children and our schools healthy.**

## **FREQUENTLY ASKED QUESTIONS on H1N1 or Swine Flu**

### **How is “Swine Flu” being diagnosed?**

Swine Flu (H1N1) is currently being diagnosed with the Influenza test for Influenza A. If the test is positive, the patient is said to have a “presumed” case of H1N1.

### **What are the symptoms of H1N1?**

Symptoms for H1N1 flu are similar to seasonal flu and include: fever greater than 100 degrees F, sore throat, cough, stuffy nose, chills, headache and body aches, fatigue, and possibly vomiting and diarrhea. Vomiting and diarrhea are somewhat unique to H1N1.

### **Has Douglas County School District had any reported cases of H1N1?**

DCSD has had some reported cases of “presumed” H1N1. As the school year proceeds, we anticipate seeing more cases.

### **Will there be a letter sent home for every case of H1N1 in every school?**

As there will probably be many cases of H1N1 seen among school children, we will not send individual letters. Parents/guardians should be aware that as this flu season approaches we will see more and more cases. Students will be exposed at the grocery store, movie theatre and other places where people gather. The good news is that at this point, the virus remains mild compared to seasonal flu, and the duration seems to be quite short in most cases.

### **Who is monitoring the flu cases in Douglas County School District?**

Monitoring is being done by DCSD Health Services in conjunction with the Communications Department. DCSD will be doing official surveillance at the direction of Tri-County Health department, and at this time we are doing our own surveillance through our district nurses. Health Services is in regular communication with Tri-County Health Department (our local health department), the Colorado Department of Public Health and Environment, and the Center for Disease Control and Prevention (CDC). Your School Nurse Consultant will confirm any and all reported cases of H1N1, by communicating with the parent/guardian to ensure that an influenza test has occurred. School Nurse Consultants follow the process set down by Tri-County Health and the State Health Department for reportable communicable disease.

### **What is the school district doing to ensure my child is safe at school?**

School District personnel are given the latest information through the communication system that is currently in place. We are following the guidelines that come down from CDC concerning prevention. School nurses are educating the students with posters and other means of communication on the following points:

- Cover your nose and mouth when you cough or sneeze.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol based hand cleaners are also effective and recommended.
- Avoid touching your eyes, nose or mouth.
- Avoid contact with sick people.
- Stay home if you are sick to avoid spreading the virus to others.

### **As a parent/guardian, what can I do to help control the spread of H1N1?**

Monitor your student for flu symptoms. If any symptoms appear, have your student remain at home until a determination can be made as to the severity of their illness. Do not send your student to school or other activities, programs or school events. This will help limit the spread of disease. Your student will be sent home if they come to school with any symptoms consistent with the flu. In the event you cannot miss work while your child is ill, please make arrangements ahead of time for day care. Schools cannot keep sick children in the health room at school due to the exposure to other children and school staff.

If you or your child(ren) get sick with flu like symptoms, the Center for Disease Control (CDC) recommends that you **stay home** from work or school for 24 hours after the fever has resolved without the use of fever reducing medication. If the fever is resolved but you are still symptomatic in other ways and do not feel well, stay home until you are well. Call your family physician and **limit contact** with others to keep from infecting them.

**Should Family members of the sick person stay home from work or school?**

Not unless the family members have symptoms. Parents/guardians should monitor siblings carefully and keep them home if they show any symptoms.

**What kind of cleaning will be done in the schools?**

DCSD cleaning staff will continue to clean our school buildings and classrooms per the DCSD protocols. Our goal is to keep the students of the Douglas County School District healthy and safe.

**Will there be school closures?**

The health department's recommendation is that schools should not close unless they cannot operate because of a shortage of staff due to illness. If there is a change in that philosophy, we will revisit this issue.

**Will the vaccine be available soon?**

It is currently projected that a vaccine will be available by the end of October or the first part of November. We will be holding regional clinics in Douglas County to provide the vaccine to school children and others who are on the list as first to receive the vaccine, but you may also be able to get that vaccine from your family health care provider.

**How will I know when the vaccine is available?**

Information about the vaccine clinics and updated flu information will be posted on the DCSD website as it becomes available.

**Who will be the first to receive the vaccine when it becomes available?**

The first round of vaccine will go to the following:

- Children and young adults 6 months to 24 years
- Adults 25 - 64 years with chronic disease
- Pregnant females
- Caregivers of very small children
- Health care professionals
- Emergency responders who have medical duties

**Parents with additional questions regarding H1N1 flu can call the Colorado Help Line at: 1-877-462-2911.** Questions are being answered in both English and Spanish.

Additional information regarding H1N1 flu can also be found at the following websites:

*Tri-County Health*

<http://www.tchd.org>

*The Colorado Department of Health*

<http://www.cdphe.state.co.us>

*Centers for Disease Control*

[http://www.cdc.gov/swineflu/swineflu\\_you/html](http://www.cdc.gov/swineflu/swineflu_you/html)

If you have any questions, please reference the CDC, your personal health care provider, or your School Nurse Consultant.

*ANNOUNCING THE PONDEROSA HIGH SCHOOL  
HALL OF FAME  
CLASS OF 2009*

*Save The Date!*

*We are pleased to announce the 2009 class of inductees for the Ponderosa High School Hall of Fame. The Hall of Fame was established to honor Ponderosa culture, heritage and traditions. Selection to the Hall recognizes contributions to Ponderosa in these areas, as well as personal and professional accomplishments. The four new inductees are Geri Durbin, long time Physical Education Teacher and Coach, Carey Kalisch, current Building Engineer at PHS, Chandra Kuykendall, graduate of Ponderosa and award winning ballet dancer, and Angela Ottmann, coach of the multi-state champion Poms/Dance Team.*

*Please join us for the official induction ceremony at the Club at Pradera on Wednesday, September 16 from 4-6 pm. There will be complimentary appetizers and a cash bar for everyone in attendance. Inductees will also be honored at the Hall of Fame football game at halftime on Thursday, September 17. We hope you can join us for both of these events!*