

Announcing the.....

2005 - 2006 DCSD School Mental Health Conference Series

Presented by the DCSD Mental Health Department and Student Assistance Office

Date	Time	Topic	Location
October 27 th	8:00 – 11:00 am	Suicide Assessment Training Trainer: Dr. Linda Kanan	Rock Canyon HS Room 5450
November 21 – 22 nd	8:00 am - 3:30 pm	Aggression Replacement Training, Level 1 Trainer: Dr. Sara Salmon	Cantril Gym Castle Rock
December 9 th	8:00 – 11:30 am	Threat Assessment – Level 1 Trainer: Dr. Chris Saiz	Parker Transportation Center
December 9 th	12:30 - 3:30 pm	Threat Assessment--Level 2: Advanced Interpretation and Analysis Trainer: Dr. Chris Saiz	Parker Transportation Center
January 18 – 19 th	8:00 am - 3:30 pm	Aggression Replacement Training, Level 2 Trainer: Dr. Sara Salmon **Successful completion of Level 1 training required for registration.	Cantril Gym Castle Rock
February 10 th	9:00 am– 12:00 pm	Eating Disorders Trainer: Dr. Joan Pinnhas	Cantril Gym Castle Rock
March 17 th	8:00 am– 11:00 am	Self-Injury: Awareness & Strategies for School Mental Health Providers Trainers: Dr. Linda Kanan & Jennifer Finger, LCSW	Parker Transportation Center
April 17 -18 th	8:00 am– 3:30 pm	Aggressors, Victims, & Bystanders **See Special Notes Trainer: Dr. Jan Perry Evenstad & Dr. Kathy Rigsby (CSU)	Rock Canyon HS CQI Training Rm

All DCSD staff, parents, and community members are encouraged to attend. All sessions are free of charge. You must R.S.V.P. at least 10 days prior to the training. Seats are limited and reservations will be taken on a first come, first serve basis. Please email Katie Eklund at katie.eklund@dcsdk12.org to reserve your spot. Please see session descriptions for more information.

Session Description

Suicide Risk Assessment and Intervention in Schools

This workshop reviews current information about youth suicide including awareness and knowledge of risk factors, behavioral and verbal warning signs, and legal and ethical responsibilities for intervention in schools. The presenter will also discuss school best practice for assessment and intervention, the use of safety contracts, working with parents, and updated resources.

Aggression Replacement Training (A.R.T.)

A research-based social emotional learning program that helps student's achieve academic and behavioral success. ART is a school and district-wide program to prevent acting out and inappropriate behaviors. The program can be used to build cultures of integrity, empathy, and tolerance.

Threat Assessments - TBA

Eating Disorders – TBA

Self-Injury: Awareness and Strategies for School Mental Health Providers

This workshop will review the historical perspective and current research about the increasing number of youth who are exhibiting self-injurious behavior. It will focus on self-injurious behavior in non-severely disabled populations, such as cutting, scratching and burning of skin. The presenters will discuss some of the misconceptions about the behavior and clarify the distinction between self-injury and suicidal behavior. The training will include best practice strategies for intervening with students, assessing risk, notifying parents, collaborating with community support, and working with these students in schools.

Aggressors, Victims, and Bystanders

Aggressors, Victims, and Bystanders, developed by the Educational Development Corporation, is designed for grades 6 – 9. This is a “think-first” model of conflict resolution helping students to pause and keep cool, see how bystanders and victims can prevent or escalate a fight, and generate and act on positive solutions. The program can be implemented in classrooms and has been used by health educators, social studies teachers, life skills teachers, counselors, physical education teachers, and youth service providers. Every team who attends will receive the curriculum free of cost to implement this program at their school. **Please note – space is extremely limited so please register early.